Subject:

April 2020 Newsletter from Air Safe Hitches

## **April 2020**

**Newsletter** 

4/1/20

## Message to our Friends and Customers

I know that everyone has been listening and I hope following the directions given by there local, state, and federal representatives concerning coronavirus, also known as COVID-19.

Accordingly, due to reasons beyond Air Hitch Technology (AirSafe Hitches) control, we will be unable to fulfill our customers' orders as quickly as we would normally.

Please take this time to review our products and do your research for your future use and when this is over please keep us in mind for the future.

#### Just be alert and be safe, be vigilant.

Thank you for understanding in this unprecedented situation. We value your business and our relationship, and as always, our goal is to service your needs efficiently while ensuring the health and safety of our associates and their families. If you have any questions, please feel free to reach out to us via email at LStegemann@AirSafeHitches.com.

I am available for any questions or support during this time.

Sincerely, Lloyd Stegemann

### 3 Ways To Use An RV During Coronavirus

We are exhausted from reading and watching coverage of coronavirus. It seems Covid-19 has literally infected the mindset of the entire planet. Even my favorite filmmaking websites – usually a welcome respite from the news – are full of event cancellations and coronavirus content. It's everywhere.

Taking a step back, coronavirus presents an opportunity to discuss how RVs of all descriptions – trailers, fifth wheels, motorhomes and truck campers – make for excellent Family Emergency Vehicles. In fact, coronavirus has added to our appreciation for how RVs can be used in crisis situations. Here are three ways an RV can help keep you and your family safe during the outbreak.

1. RVs as Family Emergency Vehicles I first wrote about RVs as Family Emergency Vehicles back in 2008 after my late grandfather had a medical scare. At the time, he was still living at home and needed some help monitoring his medications, preparing food and generally taking it easy as he recuperated.

With our truck camper rig, we were able to stay at my grandparent's house without being houseguests. I could check on my grandfather every morning, make sure he got his medications, help prepare meals, and generally lift his spirits. Looking back, I'm so glad we were able to do that.

It was through that experience that I started looking at RVs as **Family Emergency Vehicles**. When a family member or friend needs help, you can drive to their location, park your RV, and be there – all without being a burden. Whether they're in a house, nursing home or hospital, you can help out, and then recharge and refresh in your RV. After all, your physical and mental heath is important too.

With coronavirus, being able to travel to family and help – while maintaining your personal space and safety protocols – could be a game changer. If a family member becomes infected, you could travel to them, park in their street, parking lot or driveway and provide them with care, food and supplies. Then you could return to your camper, wash your hands, relax, and enjoy some personal time.

2. RVs for Self-Quarantine I bet most of us have self-quarantined at one point or another. When Angela or I get sick, we separate our sleeping situation in an attempt to not infect each other. When we had a house, that usually meant the sick person sleep in the guest room. Now that we live full-time in our truck camper, that means the sick person sleeps in the dinette converted into a bed.

We have also self-quarantined when one of us was sick and we get invited to a gathering. Rather than potentially infect a party full of friends or family, we stay home. It always makes us crazy when someone who's obviously sick comes to a party or other social gathering. I bet we can all trace back a bad cold to someone that should have stayed home and self-quarantined.

Chances are, you do not live full-time in a RV and still own (or rent) a house, condo, apartment or other permanent structure. If that's the case, your RV becomes a fantastic solution should someone in your house develop symptoms of coronavirus. Rather than send them to the guest room or sofa, they can self-isolate in your trailer, motorhome or camper.

Fully stocked, an RV provides shelter, food, water, heat or air conditioning, a bathroom with toilet, cooking appliances, storage for clothing and supplies, and places to sleep and sit. Add a television, books, and the internet and the self-quarantined might even be a happy camper – even if they are sick.

Ideally, the RV would be parked in a residential driveway or property allowing family to easily check in. If possible, the RV would be connected to hook-ups. This might be limited to 15-amp electric but, by all means, connect to fresh water and sewer if you have it. Long-term camping in a RV connected to full hook-ups would be significantly more comfortable.

Another possibility is that your wife, son and daughter all show symptoms after encountering someone who was sick. You were not with them when they came into contact with this individual and have no symptoms. In this situation, you might stay in the RV and use the house as quarantine for your sick family. That way you can stay healthy while caring for your loved ones.

Either way, it's worth considering having your RV staged, stocked and ready for use for quarantine. That might mean moving the camper into your driveway, filling the propane tanks, getting gas for the portable generator, being ready to de-winterize, and generally preparing the RV for a potentially long-term stay. Adding at least two-weeks worth of food and water in the house and camper isn't a bad idea either.

3. RVs for Avoiding Coronavirus Hot Spots Staying put in a RV appears to be an ideal way to keep away from coronavirus hot spots and ride out the storm. For example, we have good friends with us here in Florida who are considering extending their snowbird season in a Florida campground rather than returning to their Northeast homes where the coronavirus situation appears to be worse.

The specifics of this plan are simple. Pick a campground with plenty of space between campsites, full hook-ups at each site (or at least water, electric and access to a dump station), and settle in for a potentially long stay. That means stocking up on food, medicines and supplies before pulling into the campsite – at least 14-days worth, or more.

As full-time RVers, this is exactly the course of action we have been following for the past few weeks. Other than a few outdoor walks around the campground, we have kept to ourselves inside our camper. When we do go for a walk, we have maintained social distancing. When we went to the store, we went first thing in the morning when the store was stocked, and loaded up with two weeks of food and supplies.

Cautions About Traveling In An RV During Coronavirus On the flip side, a typical on-the-road RVing lifestyle is not advisable during this outbreak. Traveling in an RV, you need grocery stores, laundromats, fuel stations, propane stations, dumps stations and campgrounds on a daily or weekly basis. That's a lot of public locations – and potentially infected people – you'll be encountering.

In the event of an infectious disease outbreak like coronavirus, avoiding contact with people in public is rule number one. If you want to stay in an RV, stock up, find a campground and stay put until the situation abates.

The Critical Exception: Local and National Lockdowns During the 48-hours I have been writing this article, the situation with coronavirus has intensified. Specifically, we can no longer rule out the possibility of local and national lockdowns in the United States and Canada to blunt the spike and spread of coronavirus.

In the event of a national lockdown, citizens may not be permitted to leave their homes unless it's a necessity, for work or a health situation. In addition, all non-essential retail and service businesses will likely be forced to close.

During a lockdown, it's also likely that all federal, state and local parks and campgrounds will be closed. As of this writing, state campgrounds in New Mexico have already closed in response to the coronavirus. If a national lockdown is declared, expect all federal, state and local parks and campgrounds to follow.

What's not clear is what happens with private campgrounds. Millions of United States and Canadian citizens live full-time at private campgrounds. Millions more may be traveling via RV without realizing that all private campgrounds could close.

<u>Campendium</u> has published a state-by-state list of current campground closures. They are updating it daily.

This is uncharted territory. If you are a full-time RVer, or currently traveling long-distance in an RV, our advice is to have a Plan B ready now.

Here are three options in the unprecedented event that all campgrounds close:

- 1. Drive to a friend or family member's house or property hopefully with a campsite featuring full hookups and stay there in your RV until this situation resolves.
- 2. Park your RV someplace (friend or family member's house or property) and move into a house or apartment (again, with friends or family) until this situation resolves.
- 3. If you don't have one of the above options available, take your RV to storage unit and rent a house or apartment for the duration of this situation.

While we sincerely hope coronavirus exits as soon as possible, plan on staying put in your Plan B location for weeks, if not months.

Cautions About Boondocking During A Lockdown While some RVs and RVers are well prepared for up to two-weeks of off-grid self-contained camping, after that most if not all RVs need to fill fresh tanks, dump holding tanks, fill propane, and resupply with food. In a lockdown situation, these vital services and resources may or may not be available. Unable to dump, fill and resupply, RVers could be in real trouble.

Unless you have assembled a specialized "prepper" rig with water filtration systems, multiple weeks worth of food and supplies – and have advanced prepper/survival skills and equipment – we do not recommend driving out onto your local BLM land to ride out a potentially multiweek (or longer) coronavirus lockdown. Those of you who are prepared for this kind of situation know who you are. For everyone else, stay home or choose option from 1, 2 or 3 above, and hunker down.

Don't Panic. Prepare! Hopefully this article has given you some new perspectives on how owning an RV can be a tremendous help during the coronavirus outbreak. Whether you need to stay on site and care for a friend of family member, self-quarantine, or get out of Dodge, a properly prepared RV could be a life saver – literally.

Even if coronavirus, the next hurricane, or Snowmageddon III ends up being more hype than harm, it makes sense to always have your RV ready to go, and a couple weeks of emergency food and supplies on hand. Nobody disputes that serious disasters sometimes strike. It's better to be prepared.

I am very glad to own an RV, for so many reasons. I love the traveling lifestyle. I love meeting new people. I love exploring new places and always learning new things. If I had to go back to living in a house, I could, but part of me would forever miss the endless adventure we enjoy now.

The fact that our truck camper also provides us with multiple emergency Plan B options gives us both peace of mind. We don't own an RV because it can help us avoid a hurricane, escape a forest fire, or take care of sick family and friends during a viral outbreak – but we're sure glad it offers those possibilities. And the two weeks of food and supplies needed to be ready? It's cheap insurance.

### Coronavirus & RVs – What You Need to Know

#### By Alexa Mosier

Follow Credible Sources We recommend consulting with the <u>Centers for Disease Control and Prevention</u> for the latest news and information relating to the Coronavirus.

How to Clean Your RV Thoroughly cleaning your RV regularly is best practice always, but with easily spreadable viruses, you may want to take it up a notch. There is no way to over clean, after all! Using the <u>CDC guidelines</u>, we recommend the following cleaning and disinfecting tips: **Hard surfaces (countertops, sink, toilet, etc)** 

- Clean dirty surfaces with soap and water prior to disinfecting.
- To disinfect, you can use diluted bleach solutions, alcohol-based products with 70% alcohol, or other EPA approved household disinfectants for hard surfaces.

#### Porous surfaces (carpeting, furniture, rugs, drapes, etc)

- Vacuum visible debris or clean stains with what you use on these surfaces.
- If possible, launder these items and/or disinfect using <u>EPA approved</u> products for porous surfaces.

#### Laundered items (linens, clothing, etc)

- Do not shake dirty laundry; this minimizes the possibility of dispersing the virus through the air.
- Wash all items using the warmest water possible based on the care instructions.
- Remember to clean and disinfect hampers as well, using the tips above for hard/porous surfaces.

**How often?** It's recommended to clean and disinfect frequently touched surfaces **daily**. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks. Don't forget your RV's steering wheel, dash controls, and door handles, either!

Staying Safe While on the Road In addition to the cleaning tips above, there are some easy ways to help prevent the spread of Coronavirus, <u>in accordance with the CDC</u>. (We'd venture to say, these are good practices to have in place anytime!)

**Thoroughly Wash Your Hands** Wash your hands frequently with soap and water for a minimum of 20 seconds.

#### **Other Precautions**

- Be sure to have hand sanitizer with you in case you don't have immediate access to soap and water.
- Avoid touching your face with unwashed hands.
- Coughs and sneezes: Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.
  - Throw used tissues in the trash and immediately wash hands or use hand sanitizer.

### AirSafeHitches.com



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# Things to do while stuck inside due to a pandemic

What's there to do while stuck indoors? We've compiled suggestions to help make your time quarantined as interesting – and perhaps even as productive – as possible.

- Complete a puzzle: The more pieces the better! Feeling extra saucy? Take on a Rubik's Cube. More of a word person? Crossword puzzle!
- Start a journal or blog. Sure, it can be about the coronavirus, but it could also be about a specific interest from chess to cheese.
- 3. If it won't bother your neighbors: Dust off that old instrument and practice.
- Text all your exes just in case you have one more thing you wanted to get off your chest
- 5. Write poetry. Perhaps you can craft a haiku for Mother's Day, or something without a specific structure. Just try it!
- 6. Watch all the really long movies you've avoided until now.
- 7. Download Duolingo, or a similar app, and teach yourself a foreign language.
- 8. Finally read "Infinite Jest," "Les Miserables" or even "The Stand." Go all in and read "Ulysses." You got this.
- Meditate. Try lying down with your eyes closed, palms up and while focusing on your breath. Or spend 20 minutes sitting crosslegged and repeat a soothing word to yourself in your head. (The latter is more like transcendental meditation.)
- 10. Face masks, moisturizer, oh my! Treat yourself to a 10-step skin care routine you don't have time for during a normal work week.
- 11. Look at pictures of puppies.
- 12. Put together the most attractive charcuterie board possible, but you can only use foods you already have in your fridge and cupboard.
- 13. Take note from "Tangled" star Rapunzel, who has an entire song about how she's spent her days alone in a castle. Activities included in her ditty: Ventriloquy, candlemaking, papier-mâché and adding a new painting to her gallery.
- 14. Write actual letters to family and friends. After that? Write thank-you notes to service people who you remember went out of their way for you.
- 15. Learn calligraphy. YouTube can help.
- 16. Finally read the rules to those long and intense board games you've never played with the family. Encourage the family to play.
- 17. Put on a soap opera. Mute the sound. Create your own dialogue.
- 18. Have a space in your home where all of the tupperware goes? Organize it and actually match lids to containers.

- 19. Try on all your clothes and determine whether they "spark joy" á la Marie Kondo.
- 20. Better yet, go through this process with your junk drawer and supply shelves.
- 21. Have a roommate meeting about how to be more considerate of one other, especially while you will likely be spending more time together. Bring baked goods.
- 22. Bake those goods.
- 23. Watch the films that won Oscars for best picture.
- 24. Watch films that won Independent Spirit Awards for best picture.
- 25. Watch films that critics say should have won those aforementioned awards.
- 26. Read all the New Yorker issues piled on your desk.
- 27. Will Tom Hanks into recovery from coronavirus by watching every Tom Hanks movie chronologically.
- 28. Knit or crochet.
- 29. Use Skype, FaceTime, Google Hangouts or Marco Polo to video chat with your longdistance friends.
- 30. Try out at-home aerobics or yoga videos. Consider downloading a fitness app with curated workout playlists.
- 31. **100 songs** to help lift your spirits during a pandemic
- 32. Look at yourself in the mirror. Attempt a self portrait with pencil and paper.
- 33. Take a bubble bath (bonus: Add a glass of wine).
- 34. Make a classic cocktail, from negronis to Manhattans and aperol spritzes. Don't forget the garnish.
- 35. Coloring books: They're not just for kids.
- 36. Take time to reflect: What have you accomplished in the last year? What goals are you setting for yourself in the next year?
- 37. Write a short story or get started on that novel.
- 38. Actually try to reproduce something you see on Pinterest. Probably fail. Try again.
- 39. Clear out the family room and camp indoors with all blankets, popcorn and scary movies.
- 40. Here are 100 movies to watch for every cinematic yearning
- 41. Finally get around to fixing that broken door knob and loose tile or cleaning scuffed up walls.
- 42. Acquire a foam roller and treat yourself to some physical therapy.
- 43. Pretend you're 13 years old and fold a square piece of paper into a fortune teller you put your thumbs and pointer fingers into. Proceed to tell fortunes.
- 44. Learn how to braid (fishtail, French, etc.) via YouTube tutorial..
- 45. Throw out all your too-old makeup and products. (Tip: most liquid products have a small symbol on them noting expirations, usually six months to a year. This includes sunscreen!)
- 46. Interview your grandparents (over the phone, of course) and save the audio. Can you create an audio story or book with that file?
- 47. Go through your camera roll, pick your favorite pics from the past year and make a photo book or order framed versions online.
- 48. Go on a health kick and learn how to cook new recipes with ingredients you may not be using already, from miso to tahini.
- 49. Create a Google document of shows or movies you're watching and share it among family and friends.
- 50. Make a list of things for which you are grateful.
- 51. Have your own wine tasting of whatever bottles you have at home. Make up stories about the journey of the grapes to your mouth.
- 52. Work on your financial planning, such as exploring whether to refinance your loan or ways to save more money.
- 53. Perfect grandma's bolognese recipe.
- 54. Make coffee, but this time study how many beans you use, which types, how hot the water is, how long it brews and whether any of that makes a difference.
- 55. Buy gift cards from your favorite local businesses to help keep them in business while we quarantine.
- 56. Watch "Frozen 2," which went up early on Disney Plus. Another new movie on the streaming service: "Stargirl."
- 57. Write a book with your family. Pick a character and each member writes a chapter about their adventures. Read aloud to each other.
- 58. No March Madness? Have a Scrabble tournament. Or Bananagrams. Pictionary, anyone?
- 59. Get into baking with "The Great British Baking Show," but your technical challenge is baking something with the ingredients you have on hand (that you didn't already use in the charcuterie board).
- 60. Indoor scavenger hunt.

- 61. Alternate reading the Harry Potter series with your kids and cap each one off with the movie
- 62. Dye your hair a new color. No one else needs to see it if you don't like it.
- 63. Read Robert Jordan's 14-book "Wheel of Time" series before it streams on Amazon starring Rosamund Pike.
- 64. Write a play starring your loved ones. Perform it via a video call app.
- 65. Go viral in the good way by making a quarantine-themed TikTok.
- 66. Rearrange your sock drawer. Really.
- 67. Stop procrastinating and do your income taxes.
- 68. Make lists of all the museums, sporting events and concerts you want to visit when they finally reopen.
- 69. Get into comics with digital subscriptions on your tablet, like Marvel Unlimited.
- 70. Rearrange your furniture to make it seem like your home is a totally different space.
- 71. Practice shuffling playing cards like a Poker dealer. Be ready for employment opportunities once all casinos open back up.
- 72. Organize your spice rack alphabetically or get crazy and do it by cuisine.
- 73. Teach your dog to shake. Hand sanitizer optional.
- 74. Memorize the periodic table. You never know when that will come in handy.
- 75. Order and put together some IKEA furniture. Time yourself.
- Get a free trial of a streaming service and binge-watch as much as you can before it expires.
- 77. Apply for a new job. You have remote work experience now.
- 78. Learn a new style of dance via YouTube, from bellydancing to breaking.
- 79. Update or write your will and organize your affairs. Yes, it sounds melodramatic and morbid but let's face it: This is a task many of us avoid because we never have the time. Now we do.
- 80. 78. The parades have been canceled but you can still make corned beef and cabbage for St. Patrick's Day.
- 81. Bring out the Legos. Build your house inside of your house.
- 82. Watch the "Star Wars" movies in this and only this order: Rogue One-IV-V-II-III-Solo-VI-VIII-IX.
- 83. Two words: Coronavirus beard! Grow it, moisturize it, comb it, love it.
- 84. Learn the words to "Tung\_Twista." Get them so ingrained in your brain that you can rap them as fast as Twista can. Impress everyone.
- 85. Been meaning to get some new glasses? Try on new frames virtually on sites like GlassesUSA.com.
- 86. Attempt things with your non-dominant hand, from writing to brushing your teeth. Prepare to be frustrated.
- 87. How many words per minute can you type? See if you can get speedier by taking a typing course.
- 88. Prepare to verbally duel a bully who wants to discuss the evolution of the market economy in the Southern colonies, by memorizing Matt Damon's "Good Will Hunting" speech.
- 89. Learn origami. Make cranes for your loved ones.
- 90. Stretch. Work on your flexibility. It's possible to get the splits back, right?
- 91. Try to speak in pig Latin. Or, "ig-pay, atin-Lay."
- 92. Talk to your plants. How are they doing? Make sure they are getting the amount of sunlight they should be. Check their soil. Water if necessary.
- 93. Deep condition your hair and put paraffin wax on your hands. Enjoy your soft hair and
- 94. Consider donating money to food banks to help families struggling to get meals.
- 95. Write a song. If you want to make it about your time inside and put it to the tune of "My Sharona" and replace "Sharona" with "Corona," do what you have to do.
- 96. Study the art of beatboxing.
- 97. Try moving in super-slow motion. It's OK to laugh at regular speed.
- 98. You know how there are dozens of ways to wear a scarf, but you only wear it the one way? Learn the other ways.
- 99. Learn Old English words. Pepper them into your conversation. Wherefore not?
- 100. Try on a new shade of lipstick. See how long it takes your partner to notice it.
- 101. Take deep breaths, in through your nose and out through your mouth.
- 102. Sleep. Get lots of it.

Air Safe Hitches 264 Lincoln Ave Island arkh, New York | 11558 Tel. 321-939-2132 Fax. 866-201-3391 airsafehitches.com



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